



**Nature's Garden** Recipe!  
Wholesale Candle & Soap Supplies



## Watermelon Emulsified Sugar Scrub

*Recipe makes approximately (7) -4oz. jars.*

Here's What You Need:  
Ingredients

[COCONUT Oil-76](#)  
[APRICOT KERNEL Oil- 16 oz.](#)  
[COCOA BUTTER DEODORIZED](#)  
[SHEA BUTTER](#)  
[SILKY EMULSIFYING Wax](#)  
[BEESWAX White Pastilles](#)  
[JOJOBA Oil](#)  
[Watermelon Fragrance Oil](#)  
[OPTIPHEN - Preservative](#)  
[VITAMIN E OIL \(Tocopherol T-50\) Natural](#)  
[Beet Root Powder](#)  
[VEGETABLE GLYCERIN](#)  
[Spinach Leaf Powder](#)  
[Arrowroot Powder](#)  
[Titanium Dioxide Oil Dispersible](#)  
[Disposable Pipettes](#)  
[4 oz. Clear PET JAR](#)  
[White Straight Lid Smooth 58/400](#)

### Other Ingredients Needed:

Mixing Bowls (4)  
Mixing Spoon  
Spatula  
Fork  
Stove  
Pots- for double boiler step  
White granulated sugar  
Scale



## Here's How It's Done : Directions

### **Total Recipe Weights:**

- 136 grams - Coconut 76 oil
- 113 grams - Apricot Kernel Oil
- 74 grams - Cocoa Butter
- 62 grams - Shea Butter
- 50 grams - Silky Emulsifying Wax
- 12 grams - Beeswax
- 20 grams - Jojoba Oil
- 18 grams - Watermelon Fragrance Oil
- 5 grams - Optiphen preservative
- 5 grams- Vitamin E Oil
- 680 grams- white granulated sugar
- 4 grams- Beet Root Powder
- 30 grams- Vegetable Glycerin
- 4 grams - Spinach Leaf Powder
- 15 grams - Arrowroot Powder
- 1-2 grams - Titanium Dioxide oil dispersal

Clean & Sanitize your work area and all of your packaging materials. It is suggested that you wear gloves, protective clothing, and a hair net while preparing this recipe.

Weigh out Coconut 76 Oil, Apricot Kernel Oil, cocoa butter, Shea butter, silky emulsifying wax, Jojoba Oil, and beeswax. Melt in a double boiler until everything is completely melted. Stir occasionally.

While you are waiting for everything to melt, weigh out your 4 grams of beet root powder and 15 grams of vegetable glycerin. In one of your mixing bowls, combine the beet root and vegetable glycerin, and using a fork, blend them until you get a liquid like paste. Set this aside.

Next, weigh out your 4 grams of spinach leaf powder and 15 grams of vegetable glycerin. In one of your mixing bowls, combine the spinach leaf powder and vegetable glycerin, and using a fork, blend them until you get a liquid like paste. Set this aside.

Back to your melted oil mixture: Allow temperature of your melted mixture to reach 120F and add optiphen preservative, vitamin E oil, arrowroot powder, and Watermelon fragrance oil. Stir.



## Here's How It's Done : Directions

Once this is blended, add granulated sugar. Fully incorporate. Let this set until the mixture reaches room temperature.

Divide your mixture into 3 separate bowls.

To the first bowl, add your beet root paste to the mixture. Stir.

To the second bowl, add your spinach leaf powder paste to the mixture. Stir.

To the third bowl, add your 1-2 grams Titanium Dioxide to the mixture. Stir.

Stirring occasionally, let each bowl set up again until you do not see any oil sitting on the top of the mixtures.

Layer your sugar scrub mixture into jars, starting with the spinach layer first, then the titanium dioxide layer, and finally the beet root layer. Place lids on jars and you are finished. Nature's Garden is not responsible for the performance of any of the recipes provided on our website. Testing is your responsibility. If you plan to resell any recipes we provide, it is your responsibility to adhere to all FDA regulations. If there are ingredients listed in a recipe that Nature's Garden does not sell, we cannot offer any advice on where to purchase those ingredients.