



# Sweet Wheatgrass Cold Process Soap

*Recipe makes approximately 3 leaves of soap.*

Here's What You Need:  
Ingredients

## Lye

OLIVE Oil- Pomace

CASTOR Oil- 16 oz.

COCONUT Oil-76

PALM Oil

SHEA BUTTER

GRAPESEED Oil- 16 oz.

SODIUM LACTATE - 16 oz.

Wheatgrass Powder

Sweet Grass Fragrance Oil

FUN Soap Colorant- Kelly Green 1 oz.

Oblong Leaf- Mold Market Molds

Safety Glasses for Soap Making

Safety GLOVES for Soap Making- 1 pair

Safety MASK for Soap Making- 2 count

THERMOMETER

## Other Ingredients & Equipment You'll Need:

Scale

Water

Mixing Bowls

Mixing Spoons

Stick Blender



## Here's How It's Done : Directions

**Total Recipe Weights:**

108 grams Water

39 grams Lye

51 grams Olive Oil pomace

23 grams Castor Oil

71 grams Coconut Oil 76

71 grams Palm Oil

43 grams Shea Butter

26 grams Grapeseed Oil

18 grams Sweet Grass Fragrance Oil

17 grams Sodium Lactate

5 grams Wheatgrass Powder

2 grams Kelly Green Colorant

Clean & Sanitize your work area and all of your packaging materials. It is suggested that you wear gloves, protective clothing, a face mask, safety glasses, and a hair net while preparing this recipe.

[Click Here For Basic CP Soap Making Class](#). Also, before attempting to make any cold process soap, please become familiar with [Soap Making Safety Class](#).

Please Note: For this recipe, you will want to add the sodium lactate to the cooled lye water. Proceed as normal with the recipe. Then, add the wheatgrass powder at light trace before your colorant. Stick blend to fully incorporate, making sure to clean the sides of your bowl with a spatula. Once your batter is ready, carefully pour it into your mold. Insulate, and allow to harden for 24 hrs before removing the soap from the mold. Then, allow your soap to cure completely before use.

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We hope that you enjoy our Sweet Wheatgrass Cold Process Soap Recipe!