



## Rejuvenating Foot Balm

*Recipe makes approximately 3- 2 oz. tins of foot balm.*

### Here's What You Need: Ingredients

[OLIVE Oil- Pomace](#)  
[SHEA BUTTER](#)  
[BEESWAX White Pastilles](#)  
[COCOA BUTTER DEODORIZED](#)  
[VITAMIN E OIL \(Tocopherol T-50\) Natural](#)  
[Peppermint \(Redistilled\) ESSENTIAL OIL](#)  
[Tea Tree Australian ESSENTIAL OIL](#)  
[Eucalyptus Globulus 80/82 ESSENTIAL OIL](#)  
[Lanolin OIL USP Liquid](#)  
[JOJOBA Oil](#)  
[Deep Round Tin with Lid \(2 oz.\)](#)  
[Disposable Pipettes](#)

### Other Ingredients & Equipment You'll Need:

Scale  
Mixing Bowl  
Mixing Spoon  
Stovetop  
Pots (for double boiler method)



## Here's How It's Done : Directions

### Total Recipe Weights:

- 24 grams Shea Butter
- 43 grams Olive Oil
- 42 grams Beeswax
- 11 grams Cocoa Butter
- 2 grams Vitamin E Oil
- 1 gram Peppermint Essential Oil
- 1 gram Tea Tree Australian Essential Oil
- 1 gram Eucalyptus Globulus Essential Oil
- 57 grams Lanolin Oil
- 13 grams Jojoba Oil

Clean & Sanitize your work area and all of your packaging materials. It is suggested that you wear gloves, protective clothing, and a hair net while preparing this recipe.

Step 1: Using the double boiler method on your stovetop, melt beeswax, cocoa butter, lanolin oil, shea butter, jojoba oil, and olive oil.

Step 2: Remove from heat once the mixture is in a liquid state.

Step 3: Add Vitamin E and Essential Oils to the mixture. Stir.

Step 4: Once stirred, quickly pour into your 2 oz tins. Allow to set up.

Step 5: Cap the tins.

Once the mixture has hardened, it is ready to use. Apply generously to your feet. Enjoy!

Note: There will be some of this recipe left over once the (3) 2oz tins are filled. Feel free to pipette this into smaller containers such as the lip balm pots or the clear containers with lids.

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