



Refreshing Face Mask

Recipe makes approximately 2 facial masks.

Here's What You Need:
Ingredients

[French Green Clay Powder](#)
[VEGETABLE GLYCERIN](#)
[Peppermint Leaf Cut & Sifted](#)
[Peppermint Leaf POWDER](#)
[Fillable Bath Tea Bags with Pull Strings](#)
[OPTIPHEN - Preservative](#)
[Disposable Pipettes](#)

Other Ingredients Needed:

Scale
Distilled Water
Stove
Pot
Mixing Bowls
Mixing Spoons



Here's How It's Done : Directions

Phase 1: Clean & Sanitize your work area and all of your packaging materials. It is suggested that you wear gloves, protective clothing, and a hair net while preparing this recipe.

Phase 2: Prepare the peppermint infusion:

- A. Measure out 2 grams of dried peppermint leaves and 120 grams of Distilled water.
- B. Place distilled water into a small pot and heat it to at least 180F, and hold for 20 minutes to kill bacteria. Note: I realize the recipe only calls for 18 grams of peppermint tea, but if you don't heat enough water in this step, it will all evaporate.
- C. Place 2 grams of peppermint leaves in empty tea bag and pull drawstring.
- D. Place filled teabag in a cup and pour hot water over it. Press teabag with a spoon to make a strong peppermint tea.

Phase 3: Prepare Dry Portion of facial Mask:

- A. Weigh and Mix the following together: 24 grams French Green Clay powder, 2 grams of Peppermint Leaf powder.

Phase 4: Mix the dry and wet ingredients:

- A. Weigh out 18 grams of the strong peppermint tea and add 6 grams of vegetable glycerin to it. Stir.
- B. Add this peppermint tea/vegetable glycerin mixture to your dry mixture and stir until all of the dry ingredients are fully combined.

Phase 5: Using your facial mask:

- A. Make sure that your facial mask is not too hot before generously applying to your face. Allow face mask to completely dry on your face. This typically takes about 20 minutes to accomplish. Your face will tighten, and may throb a bit. Once completely dry, wash off with warm water.

Note: If you are going to be reselling this product in wet form, we suggest adding 1% optiphen preservative to this formula. Otherwise, use wet face mask promptly after making it, or store any unused wet face mask in refrigerator for up to one week.

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