



Lavender Apple Sugar Scrub

Recipe makes approximately (7)- 4oz. jars.

Here's What You Need:
Ingredients

[COCONUT Oil-76](#)
[SWEET ALMOND Oil- 16 oz.](#)
[COCOA BUTTER Golden Natural](#)
[MANGO BUTTER](#)
[JOJOBA Oil](#)
[VITAMIN E OIL \(Tocopherol T-50\) Natural](#)
[SILKY EMULSIFYING Wax](#)
[BEESWAX White Pastilles](#)
[Lavender Apple Fragrance Oil](#)
[OPTIPHEN - Preservative](#)
[Beet Root Powder](#)
[VEGETABLE GLYCERIN](#)
[Lavender Flowers Whole Select](#)
[Arrowroot Powder](#)
[4 oz. Clear PET JAR](#)
[White Straight Lid Smooth 58/400](#)

Other Ingredients Needed:

Mixing Bowls (2)
Mixing Spoon
Spatula
Stove
Pots- for double boiler step
White granulated sugar



Here's How It's Done : Directions

Total Recipe Weights:

- 136 grams - Coconut Oil 76
- 113 grams - Sweet Almond Oil
- 74 grams - Cocoa Butter
- 62 grams - Mango Butter
- 50 grams - Silky Emulsifying Wax
- 12 grams - Beeswax
- 20 grams - Jojoba Oil
- 18 grams - Lavender Apple Fragrance Oil
- 5 grams - Optiphen preservative
- 5 grams- Vitamin E Oil
- 680 grams- white granulated sugar
- 1 gram - Beet Root Powder
- 18 grams- Vegetable Glycerin
- 15 grams - Arrowroot Powder
- 1-2 grams - Lavender Flowers- Whole

Clean & Sanitize your work area and all of your packaging materials. It is suggested that you wear gloves, protective clothing, and a hair net while preparing this recipe.

Weigh out coconut oil 76, sweet almond oil, cocoa butter, mango butter, silky emulsifying wax, and beeswax. Melt in a double boiler until everything is completely melted. Stir occasionally.

While you are waiting for everything to melt, weigh out your 1 gram of beet root powder and 18 grams of vegetable glycerin. In one of your mixing bowls, combine the beet root and vegetable glycerin, and using a fork, blend them until you get a liquid like paste. Set this aside.

Allow temperature of your melted mixture to reach 120F and add optiphen preservative, vitamin E oil, arrowroot powder, and Lavender Apple fragrance oil. Stir.

Next, add 680 grams sugar and whisk until well incorporated.

Allow mixture to cool to room temperature and add beet root mixture, and lavender buds (reserve a small amount of lavender buds so you can sprinkle them on top later). Stir.

Pour into jars and allow to set up. Sprinkle tops with lavender buds.

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