



## Hair Conditioner for Brunettes

*Recipe makes approximately 2- 8 oz. bottles of hair conditioner.*

### Here's What You Need: Ingredients

[VEGETABLE GLYCERIN](#)  
[BTMS 25 Emulsifier](#)  
[Sesame Seed Oil](#)  
[Apricot Kernel Oil](#)  
[Jamaican Vanilla Café Fragrance Oil](#)  
[Vanilla White Color Stabilizer](#)  
[OPTIPHEN - Preservative](#)  
[VITAMIN E OIL \(Tocopherol T-50\) Natural](#)  
[8 oz. Clear Boston Round Bottles](#)  
[White Lotion Pumps 24/410](#)  
[Disposable Pipettes](#)  
[THERMOMETER](#)

### **Other Ingredients & Equipment You'll Need:**

Mixing Bowls (2)  
Brewed Coffee  
Scale  
Spatula  
Stick Blender  
Ziploc Bag  
Scissors  
Pots (3)  
Stove



## Here's How It's Done : Directions

425 grams Coffee  
25 grams Vegetable Glycerin  
25 grams BTMS 25  
10 grams Sesame Seed Oil  
10 grams Apricot Kernel Oil  
26 grams Jamaican Vanilla Café Fragrance Oil  
26 grams Vanilla White Color Stabilizer  
5 grams Optiphen  
5 grams Vitamin E Oil

**Step 1:** First, you will want to clean and sanitize your work area and all of your packaging materials. We also suggest that you wear gloves, an apron, and a hair net while preparing this recipe.

**Step 2:** Next, make your coffee and heat it up to at least 180F and hold it at this temperature for 20 minutes to destroy any bacteria. Remove it from heat and set aside.

**Step 3:** In another container heat vegetable glycerin, BTMS 25, sesame seed oil, and apricot kernel oil to around 140F using a double boiler. **Note:** We highly suggest customizing this conditioner to your hair type. You can use a total of 20 grams of oil in this recipe. Each oil will react differently to your hair depending on your hair type. [Read more about this here.](#)

**Step 4:** Now, once both your oils and coffee are around 140 degrees Fahrenheit, we will begin blending the ingredients together. So, in a large bowl, add 425 grams of the coffee. Then, add the melted oils to the coffee. Finally, use a stick blender to emulsify the ingredients.

**Step 5:** Next, allow your mixture to cool to about 120F, and add Optiphen preservative, Vitamin E oil, Vanilla White Color Stabilizer and Jamaican Vanilla Café Fragrance Oil. Again, using your stick blender, mix thoroughly. You will notice that your mixture is still very thin, it will thicken as it cools. Allow the conditioner to cool to room temperature and place in a bottle.

We hope that you enjoy our hair conditioner for brunettes recipe!

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