Girly Girl Salve

Recipe makes approximately 4-4 oz. jars of salve.

Here's What You Need:
Ingredients

- SUNFLOWER OIL
- SHEA BUTTER
- BEESWAX White Pastilles
- FRACTIONATED COCONUT OIL
- Menthol Crystals (Pure-Natural)
- Waterlily Fresh Mint Fragrance Oil
- OPTIPHEN - Preservative
- Disposable Pipettes
- Deep Round Tin with Lid 4 oz.

Other Ingredients & Equipment You'll Need:
- Scale
- Mixing Spoon
- Spatula
- Stove
- 2 pots
Total Recipe Weights
170 grams of Sunflower Oil
86 grams of Shea Butter
84 grams of Beeswax
85 grams of Fractionated Coconut Oil
21 grams of Optiphen
16 grams of Menthol Crystals
20 grams of Waterlily Fresh Mint Fragrance Oil

Clean & Sanitize your work area and all of your packaging materials. It is suggested that you wear gloves, protective clothing, and a hair net while preparing this recipe.

Step 1: Using the double boiler method, weigh out and melt the beeswax, sunflower oil, and Shea butter. Stir occasionally.

Step 2: Once all of the ingredients are in a liquid state, remove the pot from the heat source. Weigh out and add the menthol crystals. Stir well to dissolve all of the crystals.

Step 3: Once the crystals have dissolved, weigh out and add the fractionated coconut oil, optiphen, and fragrance oil. Stir well. Do not add optiphen to oils that are over 140F.

Step 4: Next, carefully pour the mixture into your 4oz tins. Allow the tins to fully set up.

Step 5: Once the liquid has hardened back into a solid state, lid your tins.

Your Girly Girl Salve is now ready to use. Enjoy!

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