



Girly Girl Salve

Recipe makes approximately 4- 4 oz. jars of salve.

Here's What You Need:
Ingredients

[SUNFLOWER Oil](#)

[SHEA BUTTER](#)

[BEESWAX White Pastilles](#)

[FRACTIONATED COCONUT Oil](#)

[Menthol Crystals \(Pure-Natural\)](#)

[Waterlily Fresh Mint Fragrance Oil](#)

[OPTIPHEN - Preservative](#)

[Disposable Pipettes](#)

[Deep Round Tin with Lid 4 oz.](#)

Other Ingredients & Equipment You'll

Need:

Scale

Mixing Spoon

Spatula

Stove

2 pots



Here's How It's Done : Directions

Total Recipe Weights

- 170 grams of Sunflower Oil
- 86 grams of Shea Butter
- 84 grams of Beeswax
- 85 grams of Fractionated Coconut Oil
- 21 grams of Optiphen
- 16 grams of Menthol Crystals
- 20 grams of Waterlily Fresh Mint Fragrance Oil

Clean & Sanitize your work area and all of your packaging materials. It is suggested that you wear gloves, protective clothing, and a hair net while preparing this recipe.

Step 1: Using the double boiler method, weigh out and melt the beeswax, sunflower oil, and Shea butter. Stir occasionally.

Step 2: Once all of the ingredients are in a liquid state, remove the pot from the heat source. Weigh out and add the menthol crystals. Stir well to dissolve all of the crystals.

Step 3: Once the crystals have dissolved, weigh out and add the fractionated coconut oil, optiphen, and fragrance oil. Stir well. Do not add optiphen to oils that are over 140F.

Step 4: Next, carefully pour the mixture into your 4oz tins. Allow the tins to fully set up.

Step 5: Once the liquid has hardened back into a solid state, lid your tins.

Your Girly Girl Salve is now ready to use. Enjoy!

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