



Gentle Avocado Cold Process Soap

Recipe makes approximately 4 pounds of soap.

Here's What You Need:
Ingredients

Lye
AVOCADO Oil
JOJOBA Oil
COCONUT Oil-76
PALM Oil
SHEA BUTTER
Rice Petals & Shea Butter Fragrance Oil
FUN Soap Colorant- Teal 1 oz.
Cutter for Mitre Box - Stainless Steel
Disposable Pipettes
Mitre Box - Stainless Steel
Safety Glasses for Soap Making
Safety GLOVES for Soap Making- 1 pair
Safety MASK for Soap Making- 2 count
Silicone Soap Mold- 4 Loaf Molds
THERMOMETER

Other Ingredients & Equipment You'll Need:

Scale
Water
Mixing Bowl
Spatula
Stick Blender



Here's How It's Done : Directions

Total Recipe Weights:

517 grams Distilled Water
175 grams Lye
489 grams Avocado Oil
272 grams Palm Oil
231 grams Shea Butter
231 grams Coconut Oil 76
136 grams Jojoba Oil
42 grams Rice Petals & Shea Butter Fragrance Oil
Teal Oxide FUN soap colorant (optional)

Clean & Sanitize your work area and all of your packaging materials. It is suggested that you wear gloves, protective clothing, a face mask, safety glasses, and a hair net while preparing this recipe.

[Click Here For Basic CP Soap Making Class](#). Also, before attempting to make any cold process soap, please become familiar with soap making safety.

Natures Garden is not responsible for the performance of any of the recipes provided on our website. Testing is your responsibility. If you plan to resell any recipes we provide, it is your responsibility to adhere to all FDA regulations. If there are ingredients listed in a recipe that Natures Garden does not sell, we cannot offer any advice on where to purchase those ingredients.

We hope that you enjoy our gentle avocado cold process soap recipe!