



Frankincense & Myrrh Hot Process Soap

Recipe makes approximately 4- 1 pound soap loaves.

Here's What You Need: Ingredients

[Lye](#)
[Palm Oil](#)
[MANGO BUTTER](#)
[COCONUT Oil-76](#)
[Olive Oil Pomace](#)
[Castor Oil](#)
[Silicone Soap Mold- 4 Loaf Molds](#)
[Frankincense and Myrrh Fragrance Oil](#)
[24K Gold Mica Pigment](#)
[Diamond Dust Mica Pigment](#)
[Myrrh Gum Powder](#)
[FUN Soap Colorant- Yellow Oxide](#)
[FUN Soap Colorant- Brown Oxide](#)
[FUN Soap Colorant- Orange Oxide](#)
[Cutter for Mitre Box - Stainless Steel](#)
[Mitre Box - Stainless Steel](#)
[Safety Glasses for Soap Making](#)
[Safety GLOVES for Soap Making- 1 pair](#)
[Safety MASK for Soap Making- 2 count](#)

Other Ingredients & Equipment You'll Need:

Crockpot
Silicone Mixing Spoon
Mixing Bowls
Stick Blender
Scale
Distilled Water



Here's How It's Done : Directions

Total Recipe Weights for Rocks:

97 grams Lye
258 grams Distilled Water
204 grams Coconut Oil 76
204 grams Palm Oil
204 grams Olive Oil Pomace
34 grams Castor Oil
34 grams Mango Butter

Total Recipe Weights for Brown Portion:

146 grams Lye
387 grams Distilled Water
306 grams Coconut Oil 76
306 grams Palm Oil
306 grams Olive Oil Pomace
51 grams Castor Oil
51 grams Mango Butter
84 grams Frankincense & Myrrh Fragrance Oil
6 grams Myrrh Gum Powder

Please Note: If this is the first time you are attempting the process of making soap, please review these classes to familiarize yourself with the processes.

[Soap Making Safety](#)

[Making Your Own Soap Recipe](#)

[Soap Making Terminology](#)

[Finding the Perfect Recipe](#)

[Soaping Oils Properties](#)

Step 1: Clean & Sanitize your work area and all of your packaging materials. It is suggested that you wear gloves, protective clothing, a face mask, safety glasses, and a hair net while preparing this recipe.

Step 2: Prepare the rock portion: In one bowl, weigh out 204 grams Coconut Oil 76, 204 grams Palm Oil, 204 grams Olive Oil Pomace, 34 grams Castor Oil, and 34 grams Mango Butter.

Step 3: Now, turn your Crockpot on low heat. Place all of your oils into the crockpot. Heat this until all of the ingredients are in a liquid state.

Step 4: While your ingredients are melting, weigh out 258 grams of distilled water and 97 grams of lye.

Step 5: Slowly add small amounts of the lye to the water, stirring in between each addition of the lye to the water. **NEVER** add the water to the lye!



Here's How It's Done : Directions

Step 6: Slowly add the mixture of the lye water to the crockpot. Stir to incorporate.

Step 7: Use a stick blender and start to blend the mixture in the crockpot. Blend the mixture to trace. You will know that it has reached trace when you are able to use the mixture to draw a line and see that the mixture leaves a trace of the line you just made.

Step 8: Place the lid on the crockpot and leave it on a low setting.

Step 9: Stir the mixture periodically so that it does not burn and it cooks evenly. You will know your soap is finished when it takes on a mashed potato consistency.

Step 10: Once that soap has finished cooking, divide your soap equally into 4 bowls.

- Bowl 1: Add 2 drops FUN Soap Colorant Yellow Oxide
- Bowl 2: Add 2 drops FUN Soap Colorant Orange Oxide
- Bowl 3: Add 2 drops FUN Soap Colorant Brown Oxide
- Bowl 4: Leave uncolored

Step 11: Place each color of the soap in separate cavities of the 4 loaf mold. Allow the soap to setup.

Step 12: Remove the soap from the molds and break into pieces. Set aside for now.

Step 13: Prepare the brown portion: In a crockpot, melt 306 grams Coconut Oil 76, 306 grams Palm Oil, 306 grams Olive Oil, 51 grams Castor Oil, and 51 grams Mango Butter.

Step 14: While you are waiting, prepare your lye water. Weigh out 387 grams of Water. Slowly add 146 grams lye. Stir between each addition of lye. Never add water to the lye! Always add the lye to the water.

Step 15: Slowly add the lye solution to the oils. Stir with each addition of lye water.

Step 16: Use a stick blender to bring the batter to trace. Again, you are looking for a pudding like consistency.

Step 17: After about 15 minutes add 6 grams of Myrrh Gum Powder and mix.

Step 18: Allow you soap to finish cooking. Stir periodically. You will know it is done when you have a mashed potato consistency. Once it is ready add 84 grams of Frankincense & Myrrh fragrance oil. Mix well to fully incorporate the fragrance.



Here's How It's Done : Directions

Step 19: Place a layer of soap into the bottom of 3 cavities of the 4 Loaf Mold. Now, using the rock portion you made earlier, place the rocks throughout the soap. You need to push them in slightly to prevent air pockets.

Step 20: Put another layer of brown soap on top and repeat the process with the rocks until you have filled the mold.

Step 21: Once the mold is filled place the rocks on top and sprinkle with 24K Gold Mica Pigment and Diamond Dust Mica Pigment.

Step 22: Allow the soap to finish setting up before slicing your soap.

Your Frankincense & Myrrh Soap is now ready to use! Enjoy!

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