



Foaming Scrub Recipe

Recipe makes approximately 4- 8oz. jars.

Here's What You Need:
Ingredients

[A Thousand Dreams Fragrance Oil](#)
[Sodium Cocoyl Isethionate- SCI](#)
[Avocado Oil](#)
[Sunflower Oil](#)
[Coconut Oil 76](#)
[Silky Emulsifying Wax](#)
[Jailhouse Red FUN Soap Colorant](#)
[Neon Red FUN Soap Colorant](#)
[VITAMIN E OIL \(Tocopherol T-50\) Natural](#)
[BEESWAX White Pastilles](#)
[OPTIPHEN - Preservative](#)
[Dead Sea Salt High Minerals Fine Ground](#)
[Titanium Dioxide Oil & Water Dispersible](#)
[Vanilla White- Color Stabilizer](#)
[8 oz Clear PET Jar](#)
[70/400 White Dome Lid](#)

Other Ingredients & Equipment You'll Need:

Scale
Stove
Water
Mixing Bowl
Mixing Spoon
Stick Blender
Pots (3)
Shredded Soap



Here's How It's Done : Directions

Total Recipe Amounts:

121 grams Sodium Cocoyl Isethionate- SCI
136 grams Avocado Oil
113 grams Sunflower Oil
62 grams Palm Oil
74 grams Coconut Oil 76
50 grams Silky Emulsifying Wax
12 grams Beeswax
20 grams Macadamia Nut Oil
20 grams A Thousand Dreams Fragrance Oil
20 grams Vanilla White Color Stabilizer
5 grams Optiphen preservative
5 grams Vitamin E Oil
720 grams Dead Sea Salt

Total Colorant Amounts for Peach Layer:

1 gram Jailhouse Red FUN Soap Colorant
1 gram Neon Red FUN Soap Colorant

Total Colorant Amounts for White Layer:

4 grams Titanium Dioxide

Total Amount of Shredded Soap:

$\frac{1}{3}$ cup Shredded Pink Soap
 $\frac{1}{3}$ cup Shredded Peach Soap
 $\frac{1}{3}$ cup Shredded Yellow Soap

Step 1: Clean and sanitize your work area and all of your packaging materials. It is suggested that you wear gloves, protective clothing, and a hair net while preparing this recipe.

Step 2: Prepare your oils. In a double boiler, melt 136 grams Avocado Oil, 113 grams Sunflower Oil, 62 grams Palm Oil, 74 grams Coconut Oil 76, 50 grams Silky Emulsifying Wax, 12 grams Beeswax, and 20 grams Macadamia Nut Oil.

Step 3: While you are waiting for the oils to melt, prepare your colorants as listed above.

Step 4: In a separate bowl, weigh out the salt and SCI. Mix then together. As you are mixing, break up any clumps that you find in the mixture.

Step 5: Once your oils are melted, remove them from the heat. When the temperature is at about 140F, add the Optiphen, vitamin E oil, fragrance oil, and Vanilla White. Stir.

Step 6: At this time, add the oils to the containing the salt mixture. Stir.



Here's How It's Done : Directions

Step 7: Allow the mixture to come to room temperature. Add the titanium dioxide colorant. Stir to fully blend.

Step 8: Separate the scrub. Place $\frac{1}{3}$ of the scrub in a mixing bowl. Add the peach colorant. Stir to fully incorporate the color.

Step 9: Pour the peach colored scrub into the jars. Each jar should be about $\frac{1}{3}$ full.

Step 10: To the remaining scrub, add the shredded soap and mix it together. We used soap that we had leftover from previous test batched. We used about $\frac{1}{3}$ cup pink, $\frac{1}{3}$ cup peach, and $\frac{1}{3}$ cup yellow soap. We used a cheese grater to shred the soap. We then placed it in a bowl and mixed it together.

Step 11: Fill the remaining $\frac{2}{3}$ of the jar with the white scrub.

Step 12: Once you have filled each jar, place a lid on top.

We hope that you enjoy this foaming scrub recipe!

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