



Energize Cold Process Soap

Recipe makes approximately 1 heaped pound of soap.

Here's What You Need:
Ingredients

[Silicone Soap Mold- 4 Loaf Molds](#)

[Lye](#)

[SHEA BUTTER](#)

[MEADOWFOAM SEED OIL](#)

[GRAPSEED Oil- 16 oz.](#)

[COCONUT Oil-76](#)

[APRICOT KERNEL Oil- 16 oz.](#)

[CASTOR Oil- 16 oz.](#)

[Grapefruit Lemongrass Energize Fragrance Oil](#)

[Titanium Dioxide Oil Dispersible](#)

[FUN Soap Colorant- Neon Yellow 1 oz.](#)

[FUN Soap Colorant- Neon Pink 1 oz.](#)

[SODIUM LACTATE - 16 oz.](#)

[Safety Glasses for Soap Making](#)

[Safety GLOVES for Soap Making- 1 pair](#)

[Safety MASK for Soap Making- 2 count](#)

[THERMOMETER](#)

Other Ingredients & Equipment You'll Need:

Water

3 mixing bowls (for colors)

spatula



Here's How It's Done : Directions

Total Recipe Weights:

172 grams of water
61 grams of Lye
118 grams of Shea Butter
68 grams of Meadowfoam Seed Oil
54 grams of Grapeseed Oil
113 grams of Coconut Oil 76
64 grams of Apricot Kernel Oil
36 grams of Castor Oil
28 grams of Grapefruit Lemongrass Energize Fragrance Oil
20 grams of Sodium Lactate

Soap Colorant Weights:

4 grams of Titanium Dioxide
5 grams of FUN Soap Colorant- Neon Pink
5 grams of FUN Soap Colorant- Neon Yellow

New to cold process soap, please read: [Basic CP Soap Making Class](#) and [Soap Making Safety Class](#).

Put on your safety gear and prep your work area. Then, make your lye solution. Now, weigh out and melt the soaping oils and butters. Once melted, separate out 10 grams and place it in one of your mixing bowls. Then, add the titanium dioxide to this and stir well to make a white paste.

When the lye solution has cooled, add and stir in the sodium lactate.

When both the lye solution and soaping oils are ready to be combined, do so. Then, stick blend for emulsion. Next, add the fragrance oil and once again, stick blend to incorporate.

Now, get your 2 empty mixing bowls. To the first bowl, add the neon pink soap colorant. To the second bowl add the neon yellow soap colorant. Then, to each bowl add 151 grams of soap batter. Using a spoon, stir each batter bowl to incorporate the color. Then, set aside.

To the remaining soap batter bowl, add the white paste and stick blend in to mix.

Get Ready to Move! Starting with the pink soap batter drop several "plops" in a clockwise like manner around the white soap batter bowl. Do this until all of the pink batter is gone. Then, repeat the same action with the yellow batter, aiming for different areas in the "clock".



Here's How It's Done : Directions

Now, drag the spatula in a large circular pattern once through the bowl. Directly pick up the spatula when completed.

Next, carefully and slowly pour the soap batter into the mold. While pouring, move the soap back and forth through the whole length of the mold. When the soap has set up enough, take the remaining soap and heap it on top. Finally, insulate.

After 24 hours, remove the soap from the mold. Then, with a knife, slice the bars. Allow them to further cure before using.

We hope that you enjoy our Energize Cold Process Soap Recipe!

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