



Coconut Shea Hair Conditioner Recipe

Recipe makes approximately 2- 8 oz. bottles of hair conditioner.

Here's What You Need:
Ingredients

[VEGETABLE GLYCERIN](#)
[BTMS 25 Emulsifier](#)
[Avocado Oil](#)
[Coconut Shea Fragrance Oil](#)
[Cocoa Powder](#)
[OPTIPHEN - Preservative](#)
[VITAMIN E OIL \(Tocopherol T-50\) Natural](#)
[Fillable Teabags](#)
[8 oz. Clear Boston Round Bottles](#)
[Black Lotion Pumps](#)
[THERMOMETER](#)

Other Ingredients & Equipment You'll Need:

Scale
Stove
(2) Small Pots
Large Pot
Large Mixing Bowl
Stick Blender
Rubber Spatula
Distilled Water
Funnel



Here's How It's Done : Directions

Total Recipe Amounts:

425 grams Distilled Water
25 grams Vegetable Glycerin
25 grams BTMS 25
20 grams Avocado Oil
26 grams Coconut Shea Fragrance Oil
5 grams Optiphen Preservative
5 grams Vitamin E Oil
6 tablespoons Cocoa Powder

Prior to starting this recipe, clean and sanitize your work area. Also, do the same with any packaging materials you will be using. It is suggested that you wear gloves, an apron, and a hair net while preparing this recipe.

Step 1: Prepare three teabags. You will create an herbal tea with the cocoa powder. So, use the cocoa powder in your fillable tea bags.

Step 2: Next, weigh out your water and heat it to at least 180F. While this recipe only uses 425 grams of water, you will want to make sure you have plenty of extra water in your pot as some will evaporate. Hold it at this temperature for 20 minutes to destroy any bacteria. Add the tea bag filled with cocoa powder to allow the herb to steep. After, you will want to allow the temperature to drop to 140F.

Step 3: In a separate pan, weigh out and melt your vegetable glycerin, BTMS 25, and avocado oil. Let the temperature drop to around 140F. You will want both the oils and butters to be around this temperature when moving to the next step. **Note:** Depending on your hair type, you may want to change the oils in this recipe. We used a total of 20 grams of oil. You can read about the [oils for various hair types here](#).

Step 4: You want to move quickly through the next couple of steps as temperatures are very important in order to achieve a proper emulsion. Using a deep mixing bowl, weigh out 425 grams of the water you prepared. Then, when both your oils and water are around 140F, add your melted oils to the mixing bowl. Using your stick blender, emulsify the ingredients.

Step 5: Allow your conditioner mixture to cool to around 120F. At this temperature, add Optiphen preservative, Vitamin E Oil, and your Coconut Shea Fragrance Oil. Again, stick blend these ingredients thoroughly.

Step 6: Your conditioner will still be thin. As it cools, it will get thicker. Allow your conditioner to cool to room temperature and place into two 8 oz. bottles using your funnel.

Natures Garden is not responsible for the performance of any of the recipes provided on our website. Testing is your responsibility. If you plan to resell any recipes we provide, it is your responsibility to adhere to all FDA regulations. If there are ingredients listed in a recipe that Natures Garden does not sell, we cannot offer any advice on where to purchase those ingredients.

We hope that you enjoy our coconut shea hair conditioner!