



# Soaping Terms & Definitions

Provided by the soapers at  
[Soaps-N-Lotions Forum](#)



- KOH: Potassium hydroxide
- NaOH: Sodium hydroxide
- H<sub>2</sub>O: water
- TD: Titanium Dioxide
- DHHP: Direct Heat Hot Process
- HP: Hot Process
- CP: Cold Process
- MP: Melt & Pour
- B&B: bath and body
- SB: Stick Blender (or shea butter)
- FO: Fragrance Oil
- EO: Essential Oil
- ISO - In Search Of (or in reference to isopropyl alcohol)
- SS - Skin Safe
- OOB: out of the bottle
- Sniffie: a fragrance oil sample, a few drops on a cotton ball or Qtip
- CPHP: Crock Pot Hot Process
- CPOP: Cold Process Oven Process
- DWCP, DW: Discounted Water Cold Process
- OHP: Oven Hot process
- DBHP = double boiler hot process
- DHHP = direct heat hot process
- MWHHP = microwave hot process

Terminology Continued ->



## Terminology Continued

- Rebatch: To melt and redo a recipe making changes to ingredients in order to make a more favorable batch.
- RT: Room temp
- AVG = Aloe Vera Gel
- SAP: Saponification values
- DOS: Dreaded orange spots
- AO: Animal Oil
- PKO: Palm kernel oil
- OMH: Oatmeal Milk & Honey
- OM= Oatmeal
- GM: Goats' Milk
- CM: Coconut Milk
- PKF: palm kernel flakes
- EVOO: Extra virgin olive oil
- OO- olive oil
- SAO = Sweet Almond Oil
- HB: Husband
- SO: Significant other
- BF: Boyfriend
- GF: Girlfriend
- IDSO = In desperate search of
- IFNO = In frantic need of
- IMO = in my opinion
- IMHO = in my humble opinion
- IMNSHO= in my not so humble opinion

Definitions on Page 3 & 4 ->



## Definitions

- Allergy/Allergic: something which effects the body in a bad way by causing discomfort, irritation, redness, swelling or excretion of fluids.
- Anti-oxidants: Synthetic or natural substances added to products to prevent or delay their deterioration by action of oxygen in air.
- Antiseptics: Capable of preventing infection by inhibiting the growth of microorganisms.
- Astringents: Medicine Tending to draw together or constrict tissues; styptic.
- Aromatherapy: the use of fragrances to affect or alter a person's mood or behavior.
- Carrier Oil: An oil used to carry a certain selected fragrance, usually oils which do not have a strong scent such as sweet almond oil.
- Essential Oil: any of a class of volatile oils obtained from plants, possessing the odor and other characteristic properties of the plant, used chiefly in the manufacture of perfumes, flavors, and pharmaceuticals.
- Emollients: An agent that softens or soothes the skin
- Food Grade: Suitable for safe edible use
- Fragrance Oil: A blended formula of scent or scents made by a commercial business. Some synthetically derived, and some derived from blends of different natural elements.

Definitions Continued ->



## Definitions Continued

- Holistic: a term coined by Gen. J.C. Smuts, 1926 which concerns evaluating something as a whole rather than separate parts (ie holistic medicine)
- Homeopathy: the method of treating disease by drugs, given in minute doses, that would produce in a healthy person symptoms similar to those of the disease
- Hydrating: something which supplies water. or moisturization.
- Irritant: An element or compound which causes redness, swelling or discomfort the body.
- Single Note: A 1 fragrance oil
- Double Note: Multiple Fragrance oils with high and low scents
- Exfoliant: a cosmetic product or ingredient intended to remove dead skin cells and dirt from the skin surface.

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and candles*

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