



Bamboo & White Grapefruit Shampoo Bar



Beginner Recipe

8 oz Coconut Oil 76

6.4 oz Olive Oil

6.4 oz Shea Butter

4.8 oz Palm Oil

3.2 oz Safflower Oil

3.2 oz Castor Oil

[1 oz. Bamboo & White Grapefruit Fragrance Oil](#)

11.9 oz Water

4.4 oz Lye

Advanced Soapers

25% Coconut Oil 76

20% Olive Oil

20% Shea Butter

10% Safflower Oil

10% Castor Oil

15% Palm Oil

[1 oz. Bamboo & White Grapefruit Fragrance Oil](#)

Superfat at 7%



[Visit Cold Process Soap Making Class 101 for soap making instructions.](#)

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<http://www.MyNaturesArt.net>