



Emulsified Sugar Scrub Recipe



16 oz Batch

- 136 grams – Olive Oil
- 113 grams – Soybean Oil
- 68 grams – Cocoa Butter
- 68 grams – Shea Butter
- 45 grams – Emulsifying Wax
- 9 grams – Beeswax
- 9 grams – [Fragrance Oil \(body safe\)](#)
- 5 grams – Phenonip preservative

[Plastic Jars and Lids](#)

- Light Scrub – add 16 oz sugar
- Very Scrubby – up to 32 oz sugar



DIRECTIONS:

Weigh all ingredients **except** the fragrance oil & preservative in a heat proof container and put into a double boiler. Heat and hold for 20 minutes at 70C to destroy all possible bacteria. Remove from the heat and put into your refrigerator until it reaches 45C. Add the fragrance oil , body safe color if you choose & preservative now, then return it to the refrigerator to cool further. Now Whip it with a hand mixer with whisk attachments or your Kitchen-Aid, whisk until it looks like pudding . Then add the sugar and whisk until well incorporated. Pour into jars and let sit until hardened.

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