

Creamy Carrot Cold Process Soap

2 Pound Batch

Olive Oil
Coconut Oil (76 Degree Melt Point)
Castor Oil
Cocoa Butter
Shea Butter
Carrot Baby Food
Sodium Hydroxide (Lye)
Distilled Water



[Natures Garden Body Safe Fragrance Oil](#): Refer to specific IFRA Maximum Usage Sheet for any fragrance you choose to use.

In Percentages for Advanced Soapers

46% Olive Oil
24% Coconut Oil
12% Castor Oil
9% Cocoa Butter
9% Shea Butter
4oz carrot baby food (Subtract from Water)

In Ounces & Grams for Beginning Soapers

15 oz Olive Oil
8 oz Coconut Oil
4 oz Castor Oil
3oz Cocoa Butter
3oz Shea Butter
4oz Carrot Baby Food (add same time as lye water and bring to trace)
8.5 oz Water
4.5 oz Lye

[See Here for Soaping Directions](#)